

MIRA COSTA GIRLS FLAG FOOTBALL CLINICS

CALLING ALL ATHLETES! MIRA COSTA'S GIRLS FLAG FOOTBALL TEAM IS HOSTING CLINICS TO HELP YOU SHARPEN YOUR SKILLS BEFORE TRYOUTS IN MAY. WHETHER YOU'RE A SEASONED PLAYER OR A NEWCOMER, THESE CLINICS OFFER THE PERFECT OPPORTUNITY TO IMPROVE YOUR TECHNIQUE, BUILD CONFIDENCE, AND CONNECT WITH FUTURE TEAMMATES.

DETAILS:

- FREE; NO REGISTRATION NEEDED
- FOR CURRENT MCHS STUDENTS AND INCOMING FRESHMEN
- ALL SKILL LEVELS WELCOME
- PRACTICING THE SAME DRILLS THAT WILL BE DONE AT TRYOUTS
- BRING WATER, A MOUTHGUARD, AND A READY-TO-LEARN MINDSET! (CLEATS AND GLOVES OPTIONAL)



3:30 PM - 5 PM

**APRIL
23 & 28
MAY 5,
12 & 19**

**MIRA COSTA
SOCCER FIELD
(WEST FIELD)**

ENTRANCE ON MEADOWS



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Contact Us

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